



**DUNFERMLINE  
ADVOCACY**  
friendship changing lives

“I think things go better  
when Andrew’s there” -  
*Advocacy Partner*

“I think I get more out of it  
than Paul does!” -  
*Advocate*

“Advocacy has enriched  
his life giving him a voice  
where he needs it.” -  
*Support Worker*



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Funded by NHS Fife, Fife Council &  
Big Lottery Fund

SC021638



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[www.dunfermlineadvocacy.org](http://www.dunfermlineadvocacy.org)

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## Who are we?

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Dunfermline Advocacy (DA) has been working throughout West Fife since 1992. We provide a lifeline in the local community, linking local citizens with vulnerable people in the area.

Our advocates provide understanding and friendship to those who need it and can support people to speak up for their rights.



### We Aim to...

- Build meaningful relationships
- Provide much needed support
- Give vulnerable people a voice

## Paul's Story

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Paul was living in supported accommodation but was very vulnerable and unhappy in his local community. Paul had little contact with his family, very few friends and felt lonely and isolated. Paul was referred to Dunfermline Advocacy by his Care Worker who recognised that he would benefit from having someone in his life who was independent of any services and a regular friendly face.

Dunfermline Advocacy introduced Paul to his advocate Robert, and they soon established a weekly arrangement to meet up for a coffee and have a chat - mostly discussing their favourite football team.

Paul has greatly valued Robert's friendship over the past two years and his partnership with Robert has had a very positive impact on him, allowing Paul to be more vocal on his likes and dislikes to care staff.



## Get Involved

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Can you spare some time to become an Advocate? If so, we would love to hear from you - please contact us and we can arrange an informal chat.

Do you think you could benefit from having an advocate or would someone you know find it useful? Please get in touch and we'd be happy to help.

### Other ways you can help

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There are various other ways you may be able to help, such as becoming a member of our management committee, helping us with some fundraising or even offering your help at one off events. We'd love to hear from you.

## Contact Us

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